IMPORTANT CHANGES TO SNAP PROGRAM COULD IMPACT MANY BALTIMORE CITY RESIDENTS

Baltimore City SNAP recipients and their families could be impacted by an upcoming change to Maryland's Food Supplement Program (a.k.a. SNAP). Effective Nov 1st, there will be an expansion of recipients who will now be "able-bodied adults without dependents" (ABAWDs). ABAWDs **can only receive SNAP benefits for 3 months in a 3-year period** unless they meet certain work or job training requirements. Starting November 1, 2025, some residents could lose their SNAP benefits if they do not meet the program's work requirements.

Who is Impacted?

To continue receiving benefits without interruption, all SNAP recipients in Baltimore City who are age 18–64, able to work and do not have any dependents must meet the following program work requirements:

- Work (paid or unpaid as a volunteer) at least 80 hours per month, or
- Participate in a qualifying employment or training program for at least 80 hours per month, or
- Comply with a workfare program.

All impacted SNAP recipients living in Baltimore City will receive a letter from the Maryland Department of Human Services notifying them of this change.

Who is Exempt?

Certain SNAP recipients living in Baltimore City may be exempt from the federal work requirements. Possible exemptions include:

- Excused from the general work requirements (see above);
- Unable to work due to a physical or mental limitation;
- Pregnant;
- Have someone under 14 in their SNAP household;

What Can I Do?

You can help ensure all eligible SNAP recipients retain their benefits by **assisting them with updating their SNAP case details**, including their work status, and **making referrals** to Baltimore City One-Stop Career Centers (https://www.labor.maryland.gov/county/bacity/) for job search and placement services. For direct assistance and more information, recipients can contact our Customer Care Team at 1-800-332-6347, go to marylandbenefits.gov, or visit us in person.